

PAT ROPE ACCESS SERVICES- RISK ASSESSMENT WORKSHEET

Job No: GENERIC	Location: GENERIC	Page 1 of 1
Client: GENERIC	Job: Manual Handling	
Persons Compiling Risk Assessment: P.BURGESS		
Persons Reviewing/Updating Risk Assessment: P.CONLAN		

Refer to Risk Assessment Matrix and Risk Assessment Checklist Forms and to Risk Assessment Procedure	Hazard Consequence					
	Chance of Occurrence	Trivial	Minor	Major	Serious	Fatal
	Remote	LOW	LOW	LOW	LOW	MEDIUM
	Unlikely	LOW	LOW	MEDIUM	MEDIUM	HIGH
	Possible	LOW	MEDIUM	MEDIUM	HIGH	HIGH
	Probable	LOW	MEDIUM	HIGH	HIGH	HIGH
Near Certain	MEDIUM	HIGH	HIGH	HIGH	HIGH	

RISK	DANGER
LOW	Acceptable - Task may proceed
MEDIUM	Tolerable - Task may proceed if all controls are in place & supervision is adequate
HIGH	Unacceptable - Task may not proceed until the risk is reduced

More than a third of all reported injuries are caused by manual handling – the transporting or supporting of loads by hand or by bodily force. AVOID the need for hazardous manual handling, as far as reasonably practicable. ASSESS the risk of injury from any hazardous manual handling that cannot be avoided; and REDUCE the risk of injury from hazardous manual handling, as far as reasonably practicable. GOOD HANDLING TECHNIQUE 1. Stop and think. 2. Position the feet. 3. Adopt a good posture (with back straight). 4. Get a firm grip. 5. Keep close to the load. 6. Don't jerk. 7. Move the feet. 8. Put down *then* adjust. Remember TEAMWORK if the load is too heavy for one person to lift, two persons should lift.

JOB STEPS	HAZARD		INITIAL RISK			CONTROLS	RESIDUAL RISK		
	Hazard Description and Effect	People, Property or Environment at Risk	Hazard Consequence	Chance of Occurrence	Risk Rating		List All Controls Required	Controlled Hazard Consequence	Controlled Chance of Occurrence
General Worksite Control	Manual Handling operations Personal Injury	All	Major	Probable	High	Good Housekeeping Use work area barriers and signs if necessary Use of sufficient personnel for the task Provision of first aid cover/facilities	Major	Remote	Low
General Worksite Control	Manual Handling Back/Hand/Limb injury	All	Major	Probable	High	Make proper use of equipment provided for personal safety Avoid manual handling tasks out with individual ability.	Major	Remote	Low
General Worksite Control	Manual Handling. Over reaching, Back Injury	All	Major	Probable	High	Avoid twisting, stooping, over reaching, strenuous pushing or pulling, long carrying distances	Minor	Possible	Medium
Task Planning	Injury, damage or releases due to lack of control	All	Serious	Possible	High	Become familiar with company practices for manual handling operations Pre-job site survey Consideration of work methods and equipment and safer/more appropriate alternatives Assess load and size/stability characteristics Assess route	Major	Unlikely	Medium

SERVICES